



Getting more from your retirement plan



For help by phone, call **800-842-2252**




- Get automated account information, 24/7
- You can talk to a financial professional, weekdays, 8 a.m. to 10 p.m. and Saturday, 9 a.m. to 6 p.m. (ET)

Your employer recognizes the importance of providing you ways to plan for your financial future, that's why they offer you a retirement plan.




There are many things you can do at **TIAA.org** to help you pursue your goals, including managing your retirement account, getting education, and learning more about saving and investing.

Managing your retirement account online

Once you've set up a retirement plan, and a user ID and password, you can log in to **TIAA.org** and go to *My Account* to take any of these actions. If you are not already enrolled, go to **TIAA.org/enroll**, search for your employer and follow the on-screen prompts.

 Change how future contributions will be invested	 Move money between accounts	 Choose who'll receive your investments if something happens to you
<ul style="list-style-type: none"> ▪ Select <i>Manage investments</i> and then <i>Change Allocations of Future Contributions</i> 	<ul style="list-style-type: none"> ▪ Select <i>Manage investments</i> and then <i>Change My Investments</i> 	<ul style="list-style-type: none"> ▪ Select <i>Add/edit beneficiaries</i>
<ul style="list-style-type: none"> ▪ Review and update personal information ▪ Check account balances and confirm contributions ▪ View and research the performance of the plan's investment options 		<ul style="list-style-type: none"> ▪ Manage your investments ▪ Sign up for eDelivery ▪ Learn about budgeting, investing and saving for college

Getting retirement information and education

		
<p>Webinars: Visit TIAA.org/webinars to see and participate in upcoming events</p>	<p>Online: Log in at TIAA.org/retirementadvisor to plan for the retirement you want.</p>	<p>One-on-one: Schedule a session by calling 800-732-8353, weekdays, 8 a.m. to 8 p.m. (ET), or visiting TIAA.org/schedulenow¹</p>

Retirement calculators and financial tools at [TIAA.org/tools](https://www.tiaa.org/tools)

Retirement Goal Evaluator	Tax-Advantage Calculator	Asset Allocation Evaluator
<ul style="list-style-type: none">▪ Located under <i>Retirement planning</i>▪ Estimates how much of your salary you might replace at retirement	<ul style="list-style-type: none">▪ Located under <i>Taxes</i>▪ Estimates the long-term growth potential of money contributed to a tax-deferred annuity	<ul style="list-style-type: none">▪ Located under <i>Saving & investing</i>▪ See sample investment portfolios based on answers to a few questions



1. Advice is not available to participants outside of the United States.

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