

IN-CLASS WORKSHOPS



Available to ALL instructors. Choose one or more interactive life skills presentations essential to college success.

- **STUDENT SUCCESS STRATEGIES**
- **MEMORY**
- **NOTE TAKING**
- **READING**
- **STRESS**
- **STUDY TIPS**
- **TEST ANXIETY**
- **TIME MANAGEMENT**



If you are interested, contact Jonathan Anthony to schedule a time that works best for you and your class.

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