Team Building

Description: This 8-hour course details the key skills required by anyone required to lead a team or those required to work within one. The subject areas will be addressed in detail are team building, team management, the individual’s roles within the team and communication and problem solving methods and techniques will be also demonstrated with regard to practical applications within a team structure.

Target Audience: Anyone who leads a team or is part of a team, also, teams can attend as a group to improve their methods of working together.

Prerequisites: None

Delivery Method: A variety of training methods are used in the course, including PPT presentation, discussion, exercises, group projects and demonstrations to reinforce learning and to encourage questions and participation.

Course Content:

Teamwork and Collaboration
- Why is Teamwork critical?
- Reasons to Form a Team
- Developing Leadership Skills
- The Team member
- The B.E.S.T. approach to Teamwork

Team Building
- What is a Work Team?
- Types of Work Teams
- Building Effective Teams
- Stages of Development
- Teamwork and Collaboration

Textbook: Training materials will be handed out in the class.